## THE RIGHT TO RELATIONSHIPS

This Care Experienced Week and National Care Leavers Week (19th October - 3rd November 2019), we invite you to review, sign and support our 'Right to Relationships' Charter.

This Charter has been written by our community and is uniquely important to each one of us. We believe that all young people in care should benefit from compassionate relationships, as we have, and that these should continue when they move on. We felt the need to do something to make sure this happens.

We hope you'll stand alongside us by signing your name and pledging your support to the Charter, as well as sharing this as widely as you can.

**Collectively, we can make a change.** Our stories show that close relationships can make a real difference. Join us, to make what is normal for most people, the most valuable and memorable part of the experience for those in care by:

- Making a commitment to our Right to Relationships Charter

- Telling us what you and your organisation will do to uphold your commitment to the charter, to make a life-long difference to care experienced people.

After the engagement, we will gather the responses, report back what everyone said they will do and make suggestions about what needs to be done to make our ambitions a reality.

Click HERE to sign the charter and show your support!

#### **#RightToRelationships**

@thewhynottrust

www.carevisionsresidential.co.uk/the-why-not-trust/the-right-to-relationships/





# THE RIGHT TO CONTINUED CARING RELATIONSHIPS

We will have access to a network of people, adults and young people, who we have developed trusting relationships with during our care experience, after we have moved on.

#### THE RIGHT TO BE VALUED

We should be able to celebrate bonds we have developed with carers and other young people, through gift giving and gestures of care, concern and affection.

#### THE RIGHT TO BE BELIEVED IN

When people believe in me, recognising my strengths, skills and talents, I understand more about myself and what I may need support with.

#### THE RIGHT TO BE NURTURED

The possibilities of continued relationships should be the basis of relationships in care services, with policies and procedures flexible enough to allow differences in relationships with strong connections being supported and encouraged.

#### THE RIGHT TO BELONG

We should be able to visit the places we were cared for and the people who cared for us. We should be supported to meet up with young people who have shared our lives as part of a community.

#### THE RIGHT TO OUR OWN IDENTITY

Opportunities to understand and reflect on our stories through the connections to the people who know us and the places we've lived. We should be supported to resolve any difficulties we

experienced while we were in care.

#### THE RIGHT TO TRUST AND BE TRUSTED

We are able to make our own decisions supported by the people who know us well and who will look after us. We must be able to take risks and make mistakes without being judged or rejected.

#### THE RIGHT TO HOPE

We are more than the difficulties we have lived through. Our ambitions must be nurtured and respected and we should be given opportunities to pursue these.

#### THE RIGHT TO BE SAFE

The relationships we have formed with carers and other young people create safety for us because we can share concerns and get support through these.

#### THE RIGHT TO BE REMEMBERED

Carers and services will look after the memories of those of us who have moved on from care. They will look after things that remind us of our childhood and keep in touch with us as long as we want to keep in touch with them.



### SIGN UP HERE! #RightToRelationships @thewhynottrust

